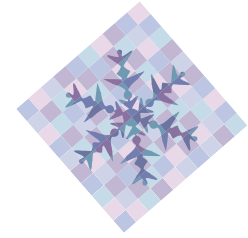


# January 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<sup>1</sup> <i>HAPPY NEW YEAR</i>	<sup>2</sup>
<sup>3</sup> 9:45am & 11:15am <b>Worship Service</b>  5:30pm <i>Evening Service</i> 6:30pm <i>Prayer Meeting</i>	<sup>4</sup> <b>Ladies Bible Study</b> 10:00am  <i>Upward Practice</i>	<sup>5</sup> <b>Friendship Kitchen</b> 11:15am-12:30pm <i>Upward Practice</i>	<sup>6</sup> <b>Friendship Kitchen</b> 11:15am-12:30pm <i>The pulse</i> 6:30pm	<sup>7</sup> <b>Friendship Kitchen</b> 11:15am-12:30pm <i>Upward Practice</i> <b>Men's Bible Study</b> 6:30pm	<sup>8</sup> <b>Sonsational Senior Meeting</b> 1:00pm -3:00pm <i>Friendship Kitchen</i>	<sup>9</sup>
<sup>10</sup> 9:45am & 11:15am <b>Worship Service</b>  5:30pm <i>Evening Service</i> 6:30pm <i>Prayer Meeting</i>	<sup>11</sup> <b>Ladies Bible Study</b> 10:00am  <i>Upward Practice</i>	<sup>12</sup> <b>Friendship Kitchen</b> 11:15am-12:30pm <i>Upward Practice</i> <b>Cheapskates</b> 6:30pm-8:00pm	<sup>13</sup> <b>Mommy &amp; Me</b> 10:00am-12:00pm <b>Friendship Kitchen</b> 11:15am-12:30pm <i>The pulse</i> 6:30pm	<sup>14</sup> <b>Friendship Kitchen</b> 11:15am-12:30pm <i>Upward Practice</i> <b>Men's Bible Study</b> 6:30pm	<sup>15</sup> <i>Student Ministries to Snow Camp in NY</i> January 15th-17th	<sup>16</sup> <i>Upward Basketball Games</i> Week 1
<sup>17</sup> 9:45am & 11:15am <b>Worship Service</b> <i>Membership Class</i> <small>Following 2nd Service</small> 5:30pm <i>Evening Service</i> 6:30pm <i>Prayer Meeting</i>	<sup>18</sup> <b>Ladies Bible Study</b> 10:00am  <i>Upward Practice</i>	<sup>19</sup> <b>Friendship Kitchen</b> 11:15am-12:30pm <i>Upward Practice</i>	<sup>20</sup> <b>Friendship Kitchen</b> 11:15am-12:30pm <i>The pulse</i> 6:30pm	<sup>21</sup> <b>Friendship Kitchen</b> 11:15am-12:30pm <i>Upward Practice</i> <b>Men's Bible Study</b> 6:30pm	<sup>22</sup>	<sup>23</sup> <i>Upward Basketball Games</i> Week 2
<sup>24</sup> 9:45am & 11:15am <b>Worship Service</b>  5:30pm <i>Evening Service</i> 6:30pm <i>Prayer Meeting</i>	<sup>25</sup> <b>Ladies Bible Study</b> 10:00am  <i>Upward Practice</i>	<sup>26</sup> <b>Friendship Kitchen</b> 11:15am-12:30pm <i>Upward Practice</i>	<sup>27</sup> <b>Mommy &amp; Me</b> 10:00am-12:00pm <b>Friendship Kitchen</b> 11:15am-12:30pm <i>The pulse</i> 6:30pm	<sup>28</sup> <b>Friendship Kitchen</b> 11:15am-12:30pm <i>Upward Practice</i> <b>Men's Bible Study</b> 6:30pm	<sup>29</sup>	<sup>30</sup> <i>Upward Basketball Games</i> Week 3
<sup>31</sup> <b>VISION SUNDAY</b> 9:45am & 11:15am <b>Worship Service</b>  5:30pm <i>Evening Service</i> 6:30pm <i>Prayer Meeting</i>						